

Support, information and awareness

We know that living with a liver condition can affect every aspect of your life. If you are a patient or care for someone with a liver condition, the British Liver Trust is here to help.



Nurse-led helpline: 0800 652 7330

Monday-Friday (10am–3pm)

or email: helpline@britishlivertrust.org.uk



Information & Guidance

Comprehensive range of information and patient guides available online or to order: britishlivertrust.org.uk/publications



Support groups

Providing patients and families a platform to gain peer to peer advice and support.

Sign up at: britishlivertrust.org.uk/support-groups

or email: info@britishlivertrust.org.uk



Online Support and Education

Online support groups, topic-led discussions and education sessions delivered via Zoom.



Facebook support page

Join our private and moderated Facebook community group: search 'England Support Groups British Liver Trust'.



Liver Health Promotion & Education

Awareness raising events and health promotion activities. We work to provide a voice for liver patients across the country.



Contact the British Liver Trust

call us: 01425 481320

email: info@britishlivertrust.org.uk

 **British Liver Trust**  **@LiverTrust**

The UK's leading liver health charity working to improve liver health for all and supporting those affected by liver disease and cancer.

www.britishlivertrust.org.uk